

What you Need to Bring

Packing

- Mess kit – a collection of flatware and dishes for camping. Your mess kit should include: plate, bowl, cup, and cutlery stored in a mesh bag. It can be items from home and does not need to be a commercially packaged kit. *All* items should be sturdy and *not* easily broken.
- Water bottle(s)
- Modest and appropriate clothing (see dress code);
- Modest bathing suit (again, see dress code)
- Long pants and socks for hiking and cool weather
- Sweater, jacket, sweatshirt
- Rain gear
- Comfortable hiking and walking shoes/boots
- Bath towels, swim/beach towel, and washcloths
- Sleeping bag, blankets, and pillow
- Flashlight
- Extra batteries
- Toiletries (e.g. soap, shampoo, toothbrush, etc.)
- Bible, notebook, and pens/pencils
- Sunscreen and hat
- Bag/basket for dirty laundry
- Alarm clock and **wrist watch**
- Backpack
- Insect Repellant, strong and lots of it

Optional: stationary, devotional books, children's books, money (for offering project or camp store), camera, musical instrument(s).

Remember, Shepherd's Spring is a retreat from a world of conflict and materialism. Don't worry about your appearance and enjoy a vacation from the unnecessary. As such, please do not bring:

- Laptop computers
- Electronic games or game consoles
- Squirt guns or other toy guns
- Anything not in line with our policies

Also, consider whether you really want or need to bring items like: cell phones, iPods, DVDs, et cetera.

Dress Code

All staff will be asked to adhere to some basic guidelines pertaining to dress while they are at camp. These policies are in place to promote safety and a modest Christian lifestyle. All of our campers are also expected to adhere to this code for the same reasons. The code is as follows:

1. During caving activities helmets (provided by the camp), closed toe shoes, and pants must be worn.
2. During bicycling activities a buckled helmet (provided by the camp) and closed toe shoes must be worn; some loose-fit pants are unacceptable.

3. Flip flops or similar footwear may only be worn inside the cabins, the fenced pool area, and the pool house — however, sandals or similar footwear with a strap over the heel may be worn elsewhere.
4. If a camper has long hair, then it must be tied in a pony tail or put up before the camper can be allowed into the fenced pool area.
5. All clothes must be free of words, symbols, or images that are found to be derogatory, obscene, abusive, profane, or discriminatory towards anyone due to their ethnicity, creed, color, gender, sex, or disabilities.
6. Shorts, pants, skirts, or similar items must be as long as or longer than the camper's fingertips when the item of clothing is worn properly at the waist and the camper places their arms, relaxed, at their sides.
7. Shorts, pants, skirts, or similar items must be in good repair in the area from the camper's fingertips to the waist when the item of clothing is worn properly at the waste and the camper places their arms, relaxed, at their sides.
8. Shirts, tops, or similar items must not be strapless or "spaghetti" strapped.
9. Shirts, tops, or similar items must cover the midriff.
10. Swimsuits are to be modest in cut. This means shorts style swimming trunks for males and a one piece that does not show the midriff for females.
 - a. Females with a two piece or other swimsuit revealing the midriff must have a shirt that covers the midriff to wear overtop the swimsuit.
 - b. Males with a brief ("speedo") style swimsuit must have a pair of shorts to wear overtop the swimsuit.
11. Any additional dress requirements stipulated by outside vendors for the participation in the said vendors' activity must be adhered to.