



# QUIET DAY

*LEADER: LINDA LAMBERT*

**ENTER GOD'S REST**  
**Hebrews 4:1-16**

**FEBRUARY 19, 2018**  
**9:00 AM – 3:00 PM**

**SHEPHERD'S SPRING OUTDOOR MINISTRY AND RETREAT CENTER**

The day will focus on the theme: Enter God's Rest.

The following scriptures will be our guide:

Exodus 20:8-11	It is a command
Mathew 11:28-29	It is an invitation
Hebrews 4:1	It is a warning

Our time together will be instructional and experiential. We will be practicing God's presence through the Scriptures, silence, solitude, and sharing

**FEE: \$40 INCLUDES SOUP AND SALAD LUNCH** Note Dietary Restrictions  
Overnight lodging available either February 18 or 19 **COST: \$55**

Breakfast additional \$10; Dinner additional \$15

RSVP: [ddalphon@shepherdsspring.org](mailto:ddalphon@shepherdsspring.org) By: February 12

Linda Lambert is a minister in the Church of the Brethren, having served the Thurmont COB. She is a spiritual director and retreat leader. She graduated from the Oasis Spiritual Direction program. Linda is currently the Moderator of Mid-Atlantic District of the COB.