Reflections from the Spring

Heifer Global Village is not intended to necessarily bring peace and rejuvenation to those who visit, but rather encourage them to work towards bringing peace and rejuvenation to those they encounter in their daily lives. It encourages the work of peace building, justice, and service by helping its participants understand our world (whether near or far) through celebrating other cultures, exploring our interconnectedness, or by experiencing the daily struggles of so many in impoverished countries.

Since it’s opening ten years ago, HGV has been able to promote and spread these faith teachings to others of diverse backgrounds from across the Eastern US, making it one of the broadest reaching programs of Shepherd’s Spring. Students and adults experience just a glimpse of how another world of people live each day, and much different than most in our communities of plenty.” — Stewart Lentz, III, former HGV Manager

Now, after ten years, we celebrate this special feature and program of Shepherd’s Spring and extend appreciation to all who built this unique outdoor classroom and to those who have led in the programming. Our hope is that many others will want to experience the HGV in the months and years ahead.
Celebrating 10 Years of the Heifer Global Village

In the Heifer Global Village today, we are continuing to grow and expand, reaching out to new groups and schools. This past spring season, almost a third of our groups were new. They came from as close as South Hagerstown High School and Frederick County, and as far away as New Jersey, as word of this powerful educational opportunity is continuing to spread.

Cultural Tea inspired by Heifer Global Village
Saturday, August 17, at Noon, come savor the food and teas from at least seven different countries, including England, Guatemala, Kenya, Syria, Thailand, Tibet, and the Appalachian region of the United States. Please help us by making your reservation by August 12, unless you receive this newsletter late, then give us a call right away. (301) 223-8193.

Anniversary Celebration
Join us on Saturday, September 29 for a celebration from 2:00 - 4:00pm. Experience cultural food and music representing Guatemala, Kenya, Mozambique, Thailand, and the Appalachian region of the US, which are the featured homes in the Global Village. We will be recognizing the volunteers and donors that had the foresight to begin building the village ten years ago. Maybe you’ll win one of several unique gifts representing the cultural diversity of the Heifer Global Village. Look for more details on the website. Remember to RSVP by September 20 to Sarah Black. E-mail: sblack@shepherdsspring.org

BVS Volunteer a Valuable Team Member this Year
Lisa Marie Mayerle was our Brethren Volunteer Service (BVS) team member from Hoechstaedt, Germany, sharing her time between Shepherd’s Spring and Hagerstown Church of the Brethren. “Lisa-Marie has been a godsend. She arrived here August, 2018, and jumped into Global Village programs with both feet. Not only did she eagerly take on support and leadership roles, she improved and made a few refinements. For example, she took our Water Hike (a standard activity in the three-day Global Explorers program) and created a new way to facilitate that activity, specifically for times when our usual water source isn’t available and for older groups that need more challenges. She has been a wonderful team member, leader, friend, and mentee, and we will miss her.” — Heather Barnes, HGV Manager

Canton, Ohio is not too far to travel for a Heifer Global Village experience
New Camp Partnerships

The collaborative effort between Shepherd’s Spring and Hagerstown YMCA kicked off on June 18. Five different YMCA youth day camps were scheduled over the three months. Hiking, caving, canoeing and biking events kept the kids moving. Each group also enjoyed an hour of swimming in the pool to cap off their day.

Shepherd’s Spring also hosted a week of camp to fourteen special needs youngsters and their staff, from across Maryland, and received the message of the Christ’s love, through Christian hospitality.

For more summer camp photos - visit our website and follow us on facebook

Seen on facebook:
“Sophia had a blast at camp and grew in her faith so much! Seriously melted my heart!” - Ashley Bhalla, Mom

Summer Staff
L to R front: Steven Ernst, Courtney Larrick, Clara O’Connor, Jackie Letaiuyang. L to R back: Zane Garrett, Lisa-Marie Mayerle, RT Resh, Mikenna Rogowski, Ian Ratliff
Men’s Retreat Provides Powerful Starting Point

Thirty-nine men attended the Waterboyz for Jesus Expedition at Shepherd’s Spring over the Memorial Day weekend to renew their hearts. For 30 of the men, this was their first exposure to a Waterboyz Expedition weekend, which focused on God’s calling for every man to discover the “Battle to Fight, Adventure to Live, and Beauty to Rescue.”

“By 4 o’clock the following day a total of six men had said yes to starting the journey of being all in with Jesus. After each man was baptized we had an expedition camp potato cannon salute, followed by cheers and hugs.”

Paul Foss, CEO, Waterboyz for Jesus

The group took full advantage of the Shepherd’s Spring campus, from sleeping, dining and meeting in the Lodge’s multiple rooms, to utilizing the outdoor open spaces for archery and other activities.

This was the first of many collaborative projects with Waterboyz for Jesus. Stay tuned for postings of future events.

Working Toward Healthy Living

A series of workshops were created to offer healthy living topics that included: Mindfulness, Self-Care, Healing Spirit, Heart Health, Stress Reduction, Healthy Eating, Basic Yoga and the Role of Happiness for Well-being.

Speakers were experts in their topics and included Shepherd’s Spring’s own chef, Carey Heilman, who provided heart-healthy cooking tips, and prepared a heart-healthy meal to share with the participants. Cathy Ware, RN, CCRN, spoke with the group about the risks of heart disease and offered prevention strategies for heart disease, stroke, and deep vein thrombosis. Patrick Ricker, behavioral health specialist, led the group in relaxation techniques for stress reduction, after speaking about “minding the heart” and how stress can be a direct factor for heart disease. Shepherd’s Spring continues to pursue a variety of ways to reach out to the community.

Special thanks to our AmeriCorp Volunteer at the time, B. Lynn Drury, MSN, RN-BC, and Caritas Coach, for serving as our Healthy Living Coordinator and developing these workshops.
Shepherd’s Spring Called — Volunteers Answered

Following a call for help to get the campus ready for the season, volunteers new and old came in groups or individually to invest many cumulative hours sawing, raking, hauling, painting, organizing, cleaning, and building.

Many thanks to the volunteers without whom Shepherd’s Spring could not operate. If you’d like to come join the volunteer fun sometime, please call Larry Coren, Facilities Director at 301-223-8913 or e-mail: lcoren@shepherdsspring.org.

Students from Shepherd University, spent a day cutting and clearing winter debris from the Heifer Global Village.

Shepherd’s Spring was thrilled to be a United Way Volunteer Location this year, hosting 16 new volunteers.

CitiBank Regional Headquarters employees and their families take a photo break after a morning of sprucing up the Poplar Village.

Ben Gilroy and other youth volunteers from St. Ann’s Catholic Church in Hagerstown, MD, made improvements to the fire pit area.

The Wilkes Family from Frederick, MD barely pause in their mission to refresh the landscaping in front of the Lodge.

Youth and leaders from Frederick Church of the Brethren: Charlie Wilkes, Calvin Bowman, Kevin Bowman, Jeremiah Wilkes and Janice Bowman enjoyed the fruit of their labor after a day of trail clearing.
The devoted volunteer mowers get a moment in the shade. This devoted team, consisting of George Stumbaugh, Denny Haywood, Ray Kline, Gene Gaver, Gary Godlove, and Tom Mullendore help enhance the beauty of Shepherd’s Spring and make it inviting to guests. Much of this crew, along with Wayne Fisher (missing from photo), has been mowing at least once a week during the season for 25+ years.

Eagle Scout Makes Headline

*The Herald Mail*, a Washington County, Maryland newspaper, featured a Student Standout article about Brandon Dillman, long time Shepherd’s Spring camper. Brandon, along with Troop 17 of Williamsport, designed, procured funding, and built a gaga ball pit located in the meadow below Poplar Village. And, Shepherd’s Spring served as the perfect setting for Brandon’s Eagle Scout Court of Honor ceremony.

Brandon’s Shepherd’s Spring heritage dates back to his grandparents, Glenna and Bob Moncrief who have been Shepherd’s Spring devotees since its inception.

*What in the world is gaga? It’s dodge ball with added fun that originated in Israel. Brandon intends that kids will use it for years to come.*

Retreats of All Sorts

Birdwatchers, Competitive Dogs, Guitarists, Rug Hookers, Runners and cousins attending family reunions all joined us this year at the Spring. What interesting group can you add to our list?

Contact Sarah Black. e-mail: sblack@shepherdsspring.org

Our own Lead Chef, Carolyne Crosby, was invited by the Kenyan Embassy to represent Kenya in the 2019 DC Chef Challenge

**EVENTS TO COME**

- **September 29** Heifer Global Village Anniversary Celebration. 2:00pm - 4:00pm. RSVP Sept. 20.
- **October 3** Golf Tournament. Fountain Head Country Club, Hagerstown, MD. Register by September 18.
- **December 7** Christmas Shopping Mart
- **December 7** Antietam Luminaries Tour
- **December 13** Christmas Tea

Check the website for details and to register.
Spring Tea Time — If you thought Shepherd’s Spring was just for folks wearing hiking boots or swim suits, think again. Find out about our next tea on page 2. (No fancy hats required!)

Open House
June 1 we were joined by about 70 visitors, including many new faces, who helped kick off the summer camp season. Guests enjoyed meeting the summer counselors and visiting the cabins via the tractor pulled wagon. The climbing wall was a bonus to the fun day, which was topped off by a dip in the pool.

St Patrick’s Day Luncheon
Celtic music provided by our own Program Director Bill Weaver and his wife Joyce, was the background for this special seasonal luncheon. About 70 people enjoyed corned beef and cabbage and other Irish specialties to help raise funds for the Shepherd’s Spring Labyrinth.

Shepherd’s Spring Hosts Chamber of Commerce
We were delighted to host 70 of our fellow chamber members for an after-hours event where guests sampled delicious food offerings that are a matter of course here. As a member of the Hagerstown Chamber of Commerce, we are seeking to broaden the visibility of Shepherd’s Spring through many groups and occasions, and to make new connections right here in our neighborhood.

Shepherd’s Spring Board of Directors
Seated from left: Britnee Linton, Tim Hollenberg-Duffey, Tim Harrison, and Ryan Harshman; Standing from left: Rhonda Craighead, Robin Haywood, Nathan Wilkes, Jeff McKee, Ken Fehlauer, and Chris Stockslager

Fountain Head is a beautiful private country club course that you’ll love to play and enjoy the company of other Shepherd’s Spring enthusiasts. $95 per player or $380 for a foursome. Light breakfast, lunch, and awards. Visit the website for more details. Please register by September 18.

www.shepherdsspring.org
(301) 223-8193
e-mail: golf@shepherdsspring.org
Sign-up today to sponsor this popular event. Your name will appear in front of golfers and Shepherd’s Spring supporters on advertising, signage and the website, plus your sponsorship will allow even more of the proceeds to go directly to the summer camp program. Thanks!

Reflections from the Spring was created by a volunteer in conjunction with the Shepherd’s Spring Staff. Please contact Shepherd’s Spring, jakines@shepherdsspring.org, if you have reflections or stories that for future editions of this newsletter.